



LAW OFFICES OF
RF WITTMAYER, LTD.
PERSONAL INJURY LAW



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Greetings!

There are some current health and safety issues trending in the news which could impact you and your family so they are worth following. We have highlighted several of these issues for you in this newsletter along with related resources.

KNOWLEDGE IS POWER

YOU HAVE A RIGHT TO YOUR MEDICAL RECORDS

The Department of Health and Human Services has released new guidance that should make it easier for patients to access their medical records. Doctors and hospitals cannot require patients to state a reason for requesting their records and cannot deny releasing them because of concerns that they would upset the patient. You can learn more about your rights to your medical records on the HHS website.

[Learn More](#)



NEW LAWS NEEDED TO PROTECT YOUTH FROM CONCUSSIONS

Each year, as many as 3.8 million sports-related concussions occur in this country, according to the Centers for Disease Control and Prevention. Existing laws are not always comprehensive enough to control



this problem. So it is very important for parents and young athletes to be aware of the risks of concussions and how to avoid them. Knowing how to recognize a concussion and manage treatment are both also important. More attention has recently been paid to the long-term effects of head injuries, especially if an athlete plays a high risk sport for many years. Use caution when signing waivers about potential sports injuries and take your own steps to become educated about this issue.

FIND OUT MORE



WHAT YOU NEED TO KNOW ABOUT THE ZIKA VIRUS

The information about the Zika virus is being updated on an almost daily basis. Here are the basic facts you need to know about this virus and how it is spreading, provided by PBS. This is an issue that is very important for everyone to follow because of the potential for this virus to spread,

especially if you are planning on traveling to any of the affected areas. [Learn More](#)

PLEASE LIKE US ON FACEBOOK

We invite you to "Like" us on Facebook so you can participate in our Chicago Blackhawks gear give-aways, and for important legal updates. We currently have a special post on our Facebook page about how you can win this Toews stadium jersey. Click on the jersey photo to the right to go to our Facebook page and see how to enter this contest! Feel free to share the jersey post with your friends on Facebook, too. Good Luck & Go Hawks! Check back to our Facebook page often!



Please let us know if we can be of service to you. If you need help with a non-personal injury legal problem, we would be happy to refer you to a qualified lawyer who can best meet your needs.

[Stay Safe & Be Well,](#)



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RF Wittmeyer, Ltd.

r fw@injurylawattys.com

1635 North Arlington Heights Road

Arlington Heights, IL 60004

Phone: (847) 577-1123

www.injurylawattys.com

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