



LAW OFFICES OF
RF WITTMAYER, LTD.
PERSONAL INJURY LAW

Seasons Greetings!



North School Park in Arlington Heights, Illinois

All of us at R.F. Wittmeyer, Ltd. wish you a happy holiday season.
This is a wonderful time of year to enjoy family and friends
and all of the special joys the season brings.

Holiday Travel Safety Tips

Many people will be traveling to visit friends and family during the holidays. If you are traveling by car, it is important to have a safety kit in your vehicle--especially during the winter. A winter safety kit can help you be prepared for snow and ice road conditions.

Here are some suggested items for a winter travel emergency kit:



a cell phone and charger, ice scraper, tow rope and jumper cables, sand or cat litter to aid with traction, blankets, flashlights, matches and emergency candles, and a portable radio.

Of course it is a good idea year round to have a fully stocked first aid kit in your car, as well. You can purchase complete winter safety kits and first aid kits at most major retailers or put the kit together yourself. Have a fun holiday and safe travels!

[Click here for more holiday travel safety tips.](#)

Give the Gift of Your Time and Talents

There is no better gift than to volunteer in your community and give your time and talents to help others. Hands On Suburban Chicago makes it easy for you to find a place to volunteer. On their website, you will find a list of available volunteer opportunities, including delivering meals to seniors through Meals on Wheels or helping with adult literacy programs. There is a volunteer opportunity out there for everyone--just waiting for us to lend a helping hand this holiday season and all year through.

[Find a volunteer opportunity near you.](#)



Pick One Good Health Resolution for the New Year

As the new year approaches, many people start making a list of New Year's resolutions to try and tackle. Did you know that only half of us keep our resolutions for more than one week? A more reasonable approach leading to better success is to pick one new good health habit and stick with it all year. Here is a list of ideas for your New Year's resolution from Health Magazine.

[Click here to pick your good health resolution for 2015.](#)

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Law Offices of R.F. Wittmeyer, Ltd. Personal Injury Law

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Bar Association (NWSBA) 2015-2016

Please let us know if we can be of service to you. Also, if you need help with a non-personal injury legal problem, we would be happy to refer you to a lawyer who can best meet your needs.

Stay Safe & Be Well, & Happy Holidays!

Ron Wittmeyer

STAY CONNECTED



