



LAW OFFICES OF
RF WITTMAYER, LTD.
PERSONAL INJURY LAW

Ronald F. Wittmeyer, Jr.

Denise J. Adams Matthew L. Hess

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Greetings!

We all waited patiently for spring to arrive and hopefully it will be here to stay! This newsletter contains valuable information about springtime health and safety for you and your family. Perhaps you have been considering purchasing a personal fitness tracker or installing a home security system. We have information to help you decide what's best for your individual health and safety in this newsletter. Read on to be sure you know what to do when heavy spring rains fall, too. Bring on the sunshine!

WHAT ARE THE PROS AND CONS OF USING A PERSONAL FITNESS TRACKER?

Does your health really benefit from using these devices?

We did some checking on the benefits of wearing a personal fitness device. This information can help you decide if this purchase is right for you. It could be just the ticket to get you on the road to good health!

[FIND OUT MORE](#)



**APRIL SHOWERS BRING
MORE THAN FLOWERS!**



Do you know what to do in the event of a flash flood in your area?

Flash floods can happen so quickly and when you least expect them. Here are tips on how to avoid a flash flood situation and what to do if you get caught in one. Be prepared to make the right choices for your family's safety during a flash flood!

[Learn More](#)

WHEN IS THE RIGHT TIME TO GET A HOME SECURITY SYSTEM?

We all hear the buzz about "smart" homes. How do you decide if this is the best way to go for your home? There are many options for smart homes and home security systems. We put together a checklist of some of the important factors to consider when you are making this decision.



[Learn More](#)



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We invite you to "Like" us on Facebook so you can participate in our upcoming **local restaurant gift card (NEW!)** and other give-aways. We also regularly post important safety information and legal updates on our Facebook page. Click on the Facebook icon here to go to our Facebook page.

Check back to our Facebook page often, and please feel free to share any posts you find helpful.

Please let us know if we can be of service to you, a friend, or family member in a personal injury matter. Also, if you need help with a non-personal injury legal problem, we are happy to refer you to a well-qualified lawyer who can help you. Through our long term involvement with the Northwest Suburban Bar Association, we know excellent local lawyers who handle many types of legal work.

Stay Safe & Be Well,



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OUR EMAILS**



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RF Wittmeyer, Ltd.

r fw@injurylawattys.com

2101 S. Arlington Heights Road, S-103

Arlington Heights, IL 60005

Phone: (847) 357-0403

www.injurylawattys.com

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